



**FOUNDATION OF ORTHOPEDICS AND
COMPLEX SPINE**

ANNUAL REPORT 2023



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www.focoshospital.org



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A photograph of an operating room with a purple overlay on the left side. The overlay contains text. In the background, there is a surgical light fixture with the brand name 'Dräger' visible. A surgical table is covered with a blue drape, and various surgical instruments are laid out on it. A person in blue scrubs is partially visible on the right side.

FOCOS Vision

A sustainable infrastructure for state-of-the-art orthopedic care and education.

FOCOS Mission

To provide access to optimum orthopedic care to improve the quality of life in Ghana and other countries.

CHAIR'S MESSAGE



Dear FOCOS Community,

As we reflect on the remarkable journey of FOCOS throughout 2023, I am honored to share the achievements and milestones that define another year of impactful service. The FOCOS community, united in its commitment to transforming lives through orthopedic care, has once again proven the strength of collective dedication.

The 25th Anniversary Gala in New York City stands out as a milestone in our journey, marked by the generosity and enthusiasm of our supporters. The Gala not only marked a quarter-century of unwavering commitment to providing orthopedic solutions but also became a testament to the power of generosity and compassion. Surpassing all previous records, we achieved the highest donation total in Gala history, marking a historic moment in our fundraising efforts. The funds raised during this event will play a crucial role in advancing our mission and enhancing the lives of countless individuals in need.

Throughout the year, our dedicated team showcased excellence in orthopedic care, from life-changing surgeries to rehabilitation efforts that restore mobility and hope. The resilience and strength exhibited by our patients serve as daily inspiration, highlighting the transformative power of compassionate healthcare.

In the spirit of fostering healing and hope, FOCOS secured a matching grant award from the Stavros Niarchos Foundation (SNF) to support the establishment of a state-of-the-art rehabilitation center for the hospital.

As we navigate the pages of the Annual Report, I encourage you to delve into the stories of triumph, healing, and progress that encapsulate the FOCOS spirit. Your belief in our mission has empowered us to reach new heights, and together, we look forward to shaping a future where access to quality orthopedic care knows no boundaries.

Thank you for your unwavering support, commitment, and dedication to FOCOS.

With gratitude,

A handwritten signature in blue ink, appearing to read 'Kwadwo Boachie-Adjei'. The signature is fluid and stylized, with a large loop at the end.

Kwadwo Boachie-Adjei
Board Chair.

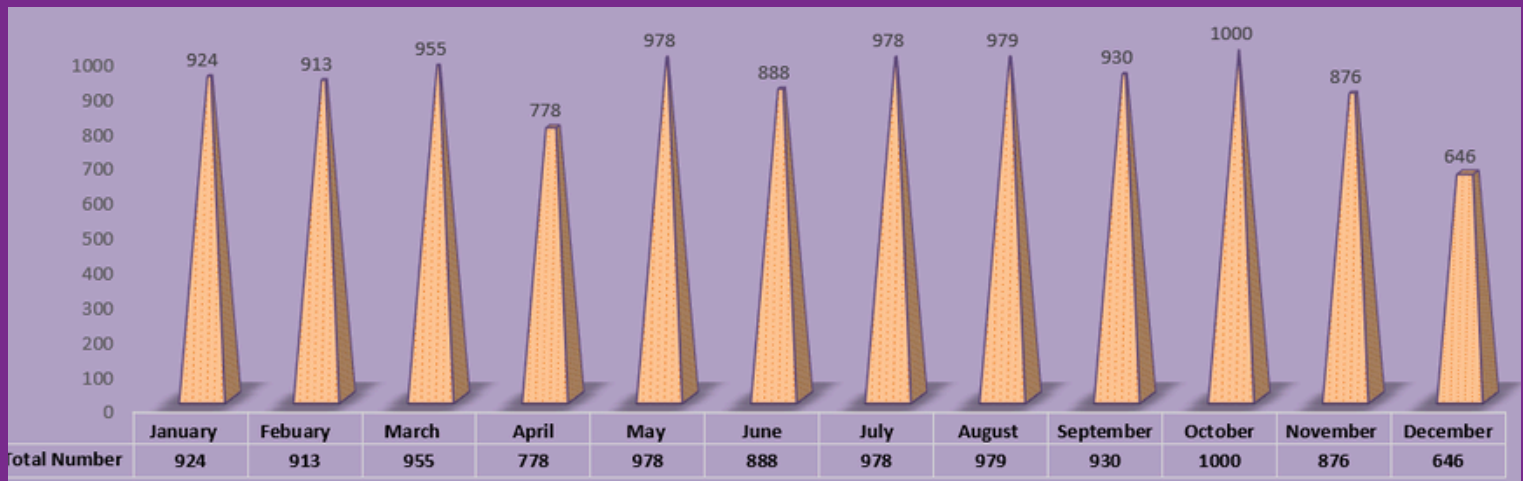
25th Anniversary Gala In Retrospect...



PATIENT VISIT (2019-2023)



OUTPATIENT VISIT BY MONTH(2023)



PATIENT SPONSORSHIP



Patient Support



\$137k

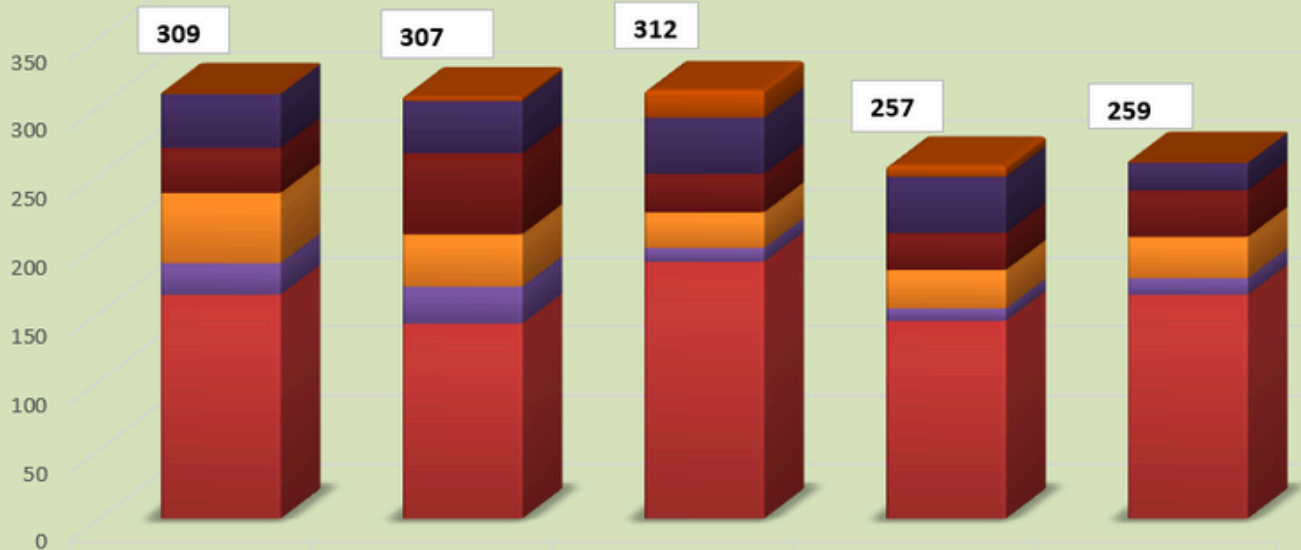
74%

of the procedural patients received financial support

18

Patients received Sponsorship

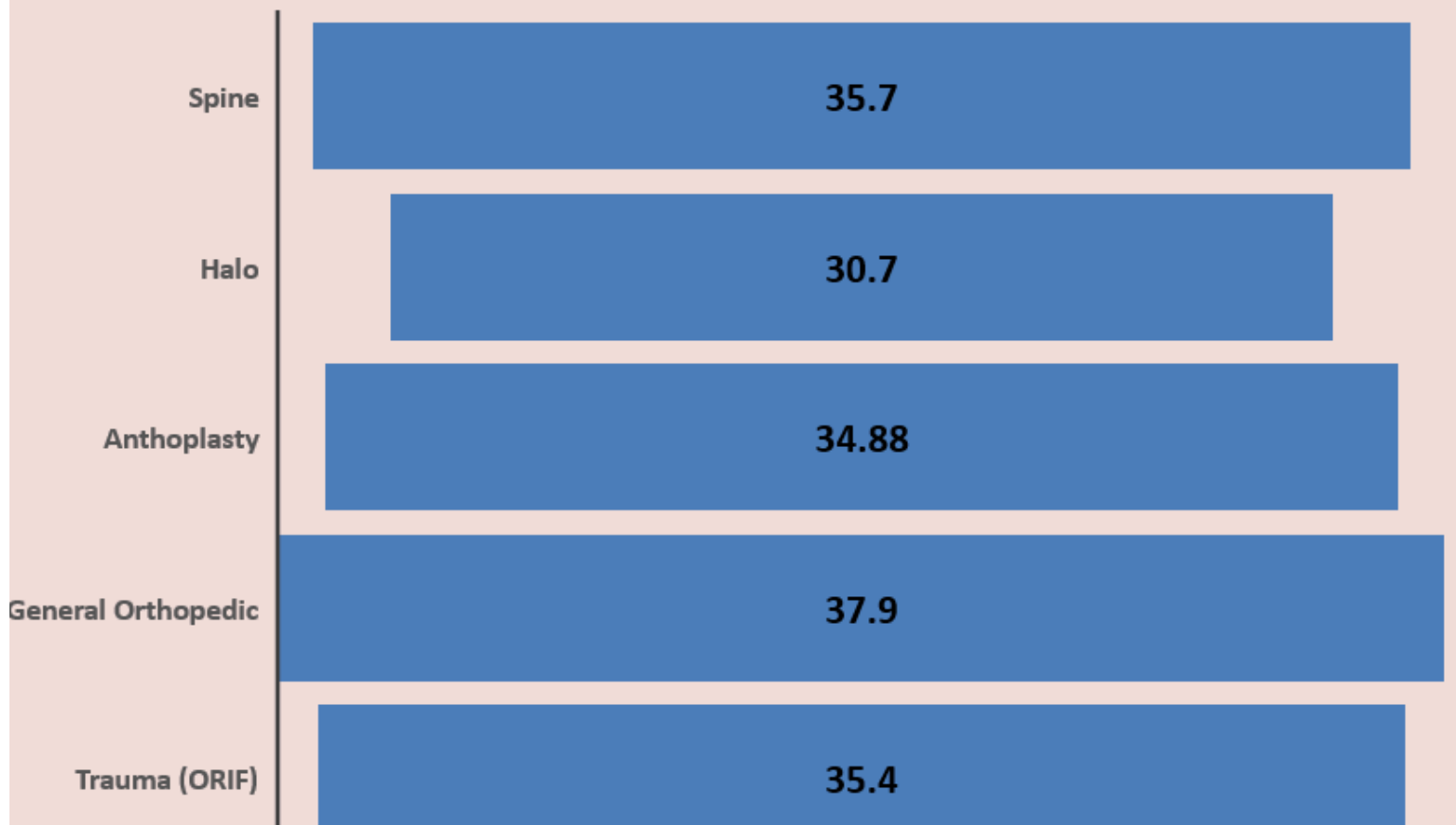
TOTAL PROCEDURES BY TYPE (2019 - 2023)



	2019	2020	2021	2022	2023
OTHER	0	3	20	8	0
TRAUMA	39	38	41	41	20
GENERAL ORTHOPEDICS	33	59	28	27	34
ANTHROPLASTY	51	38	26	28	30
HALO	23	27	10	9	12
SPINE	163	142	187	144	163

■ SPINE
 ■ HALO
 ■ ANTHROPLASTY
 ■ GENERAL ORTHOPEDICS
 ■ TRAUMA
 ■ OTHER

AVERAGE AGE OF PATIENTS BY PROCEDURE (2023)



PATIENT STORY - TIFFFANY



BEFORE SURGERY

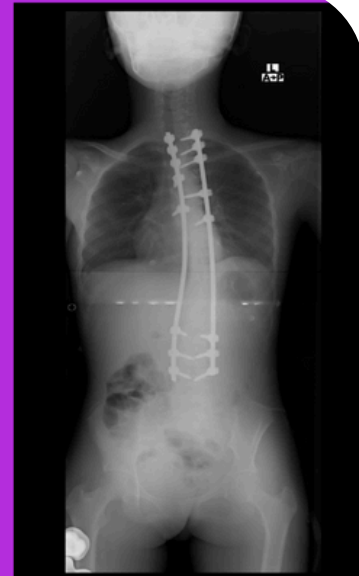
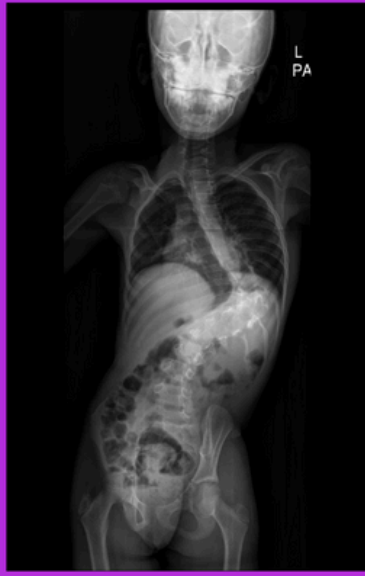
AFTER SURGERY

Tiffany, a resilient 16-year-old student from Ghana, faced a challenging journey with a back malformation. Despite difficulties, he remained determined to pursue his dream of becoming a lawyer.

Through the support of FOCOS Hospital and generous donors at the 25th Anniversary Gala, Tiffany received life-changing surgery for adolescent idiopathic scoliosis.

After a successful operation and swift recovery, Tiffany is now preparing to resume his studies with renewed vigor. His journey exemplifies courage and resilience, inspiring all who encounter his story.

PATIENT STORY - ANDRIANA



BEFORE SURGERY

AFTER SURGERY

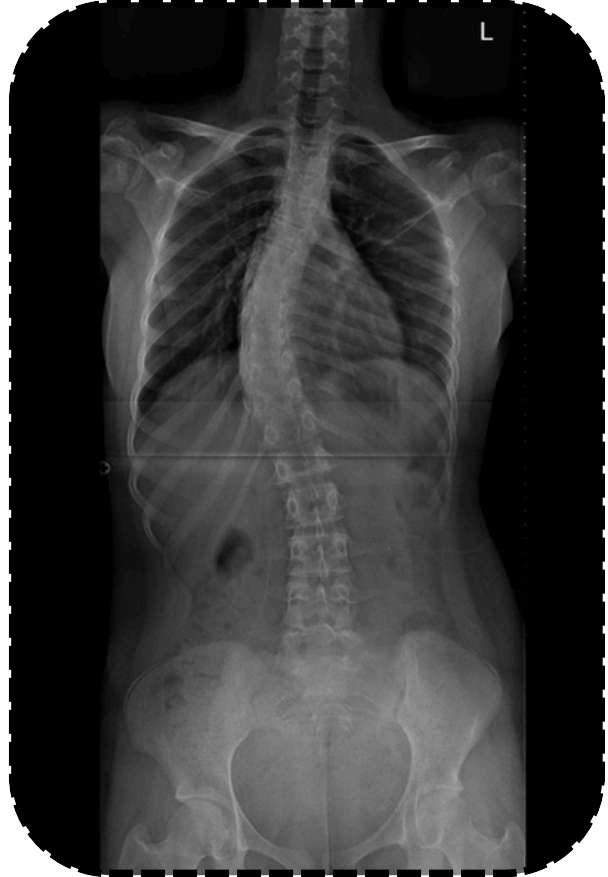
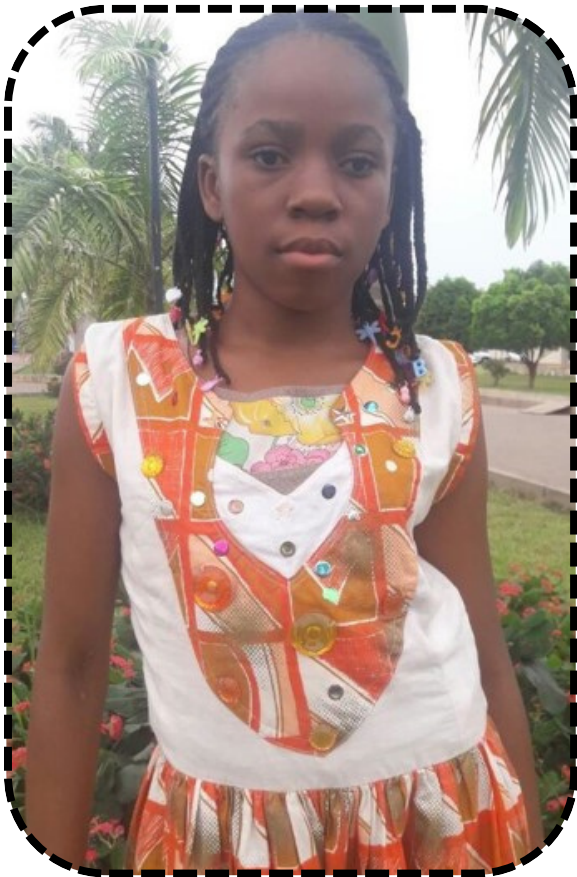
Andriana's family discovered a spinal deformity and sought help from specialists in various hospitals in the Western Region. Despite severe lower back discomfort, all attempts to correct the deformity failed.

Learning about FOCOS Hospital from television, they visited in January 2020, where Andriana was diagnosed with kyphoscoliosis. However, her mother couldn't afford the surgery bill and applied for FOCOS Sponsorship.

After a few months, sponsorship was granted. Andriana underwent successful surgeries on October 20, 2020, and December 12, 2023, both fully sponsored.

She expresses gratitude to 33 Spine Align and Bank of America for their generosity.

JENNIFER NEEDS YOUR SUPPORT



Jennifer, a 15-year old girl from Winneba, Ghana, is the second of three children and dreams of becoming a doctor. However, her aspirations are overshadowed by the burden of a spinal deformity discovered in 2022. Financial constraints prevented her from seeking timely medical attention, forcing her to endure the pain with makeshift solutions.

Her condition worsened, hindering her from even the simplest tasks and activities. Desperate for relief, Jennifer and her family sought help at FOCOS in August 2022. There, she was diagnosed with Adolescent Idiopathic Scoliosis and advised to undergo surgery.

However, the hefty bill of USD 8,120.00 looms over them, with no discounts available. Jennifer's family now appeals to the public for support, hoping to raise the funds needed for her life-changing surgery.

2023 ACHIEVEMENTS



FOCOS Hospital introduces vaccination services.



Satellite clinic established in Kumasi for Spine and Orthopaedic clinics.



FOCOS Hospital launches new CT Scan.



FOCOS hosted its first in-person Gala post-COVID-19 on September 22, 2023, in New York City, marking 25 years of quality orthopedic care provision. The event raised over \$600k.



FOCOS Hospital awarded "Stories of Quality Improvement at the Frontline of Healthcare in Africa" accolade.

2023 FINANCIALS



**THE 2023 FOCOS
FINANCIALS WILL BE
RELEASED ONCE THE AUDITS
ARE FILED AND COMPLETED
IN SEPTEMBER-OCTOBER.**

2023 FOCOS GALA

25 Years

Dedicated to Hope,
Healing and Recovery



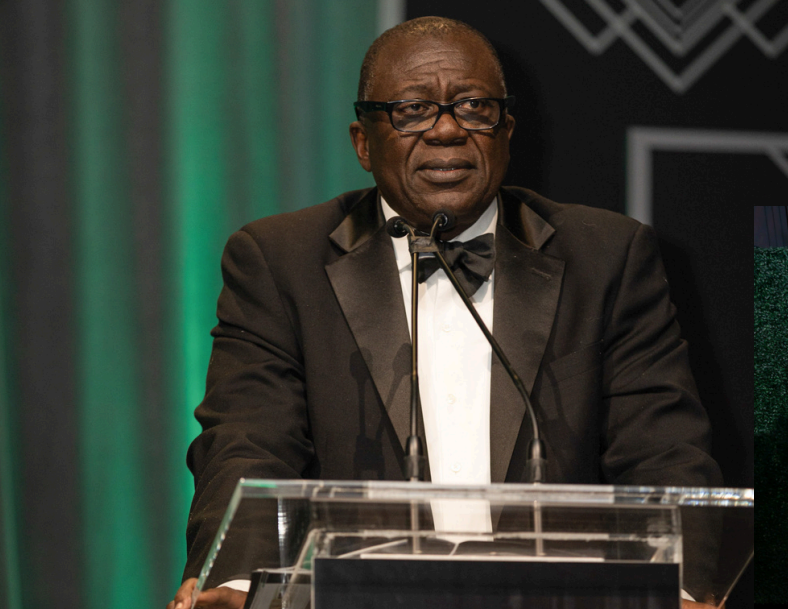
FOCOS celebrated its 25th Anniversary Gala on September 22nd, 2023, and your presence was instrumental in making it a success. We extend our heartfelt gratitude to you, as well as all FOCOS staff, FOCOS Hospital staff, directors, and patients, for your support. Your contributions significantly contribute to FOCOS's mission of providing quality orthopedic care to Africa and beyond for the past 25 years.

The event's theme, dedicated to Hope, Healing, and Recovery, encapsulates FOCOS's mission over the years. Highlights included inspiring stories from FOCOS Heroes such as Issa - a dancer, husband & Wfie, Moges & Membre who found love at FOCOS. Keynote speakers included Dr. Brian Kelly of Hospital for Special Surgery, Ryan Normandeau of 33 Spine Align, and Dr. Rick Hodes, among others.

A special thank you to our hosts Dara Kennedy & Toure, our benevolent sponsors - Michelle & Martin Cohen, 33 Spine Align, Stavros Niachros Foundation, Duke Hand Soceity, Hospital for Special Surgery, Max Mitchell & CRANE, Boradridge, Bloomberg Philanthropies, Major Family Foundation, Charina Endowment Fund, Jewish Communal Fund, Charlene 7 Keith Goggin, Antoinette Duah, George & Ruth Harms and to all benevolent Individual donors.

If you couldn't attend the event, please click [here](#) to view the highlights.

*Thank
you!*



VISION FOR 2024



Elevate Orthopedic Care

- + Pursue continuous improvement and innovation in orthopedic care.

Establish a Rehabilitation Center

- + Raise funds for a state-of-the-art rehabilitation center to enhance comprehensive patient care.

Expand Diaspora Impact

- + Broaden FOCOS' influence in the Diaspora community.

Strategic Partnerships for Impact

- + Expand partnerships with foreign institutions and industry partners.

Knowledge Advancement

- + Drive progress in orthopedics through research and educational initiatives.

FOCOS REHABILITATION PROJECT



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FOCOS Hospital is currently in dire need of a new rehabilitation centre. This endeavor is poised to make a profound difference in the lives of countless individuals recovering from orthopedic conditions and surgeries.

Our goal with this project is simple: to provide comprehensive rehabilitation services that empower patients to regain mobility, independence, and quality of life. From state-of-the-art facilities to personalized care plans, we are committed to ensuring that every patient receives the support they need on their journey to recovery. Just as the Stavros Niarchos Foundation (SNF) extended a matching grant to FOCOS for this project, we require your help to make this vision a reality by matching this grant.

Your generosity will enable us to enhance our rehabilitation facilities, expand our programs, and reach even more patients in need. Whether through financial contributions, in-kind donations, or spreading the word, every act of support makes a difference. Together, we can transform lives and build a brighter future for those seeking healing and recovery.

Join us in making a difference today!

GIVING OPPORTUNITES

**YOUR SUPPORT GOES A LONG WAY IN HELPING
US TRANSFORM LIVES OF OVER 4000 PATIENTS
ON OUR SPONSORSHIP WAITING LIST**

PLEASE VISIT

“WWW.FOCOSHOSPITAL.ORG”

TO ACCESS OUR VARIOUS GIVING PORTALS

**OR YOU CAN MAIL CHECK DONATIONS TO;
FOCOS**

**377 OAK STREET, SUITE 407
GARDEN CITY, NY 11530**

FOCOS is a 501(c)(3) tax-exempt nonprofit organization. All donations are fully tax deductible to the extent allowed by law. Goods or services were not exchanged upon receipt of this donation. A copy of our current financial statement is available upon request by contacting the Foundation of Orthopedics and Complex Spine, Inc. at: 377 Oak Street, Suite 407, Garden City, New York 11530, 212.308.7730. In accordance with the State of New York Department of Law Solicitation and Collection of Funds for Charitable Purposes regulations, documents and information submitted to the New York State Attorney General Charities Bureau, 120 Broadway, New York, NY 10271.

BOARD OF DIRECTORS

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Founder
FOCOS



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Board Chair
Founder & CEO
Regen Health Solutions



Antoinette Duah
Board Treasurer
Former Executive VP - Chief Tax Officer
Toys R Us Inc.



Roland Akosah
Founder & CEO
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Stryker Spine Division



Irene A. Wulff, MD
CEO
FOCOS Hospital



Ryan Normandeau
President, 33 Spine Align



Kei Yamamoto, CFA
Senior Director, Investments,
Casey Family Programs



Gbolabo Sokunbi, MD
Spine Surgeon,
Hospital for Special Surgery (HSS)

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**Nana Prof Oheneba Boachie-
Adjei Woahene II**
FOUNDER, FOCOS



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Chairman



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Vice President



Mr. Yaw Asamoah
Member



Mr. Kwadwo Boachie-Adjei
Member



Mr. Nathaniel Tabariyeng
Member



Ms. Inna Marian Patty
Member

OUR ESTEEMED ALLIES GHANA

Anonymous

AO Alliance

Colonel Freddie E. Wulff Jnr.

Dr. Parul Govil

Eric Boateng

Loreta Amponsah

Nana Brago Ababio

Stephen Azuah

UMB Bank

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Christian Healthcare Ministries Inc.

Crane Fund for Widows and Children

Dayo & Bukky Egbetola

Dean Gottehrer

Deiadre Helm

Denise Zungoli

Diana Barrus

Diane Boateng

Diane Gums

Edward Baiden

Elizabeth Lenke

Elizabeth Owusu-Sekyere

Elizabeth Poleway

Emma Whitbread

Eric Major

Farah Ashraf

Fidelity Charitable Gift Fund

Fred & Heather Hess

George Harms

Gina Dodge

Grace Genfi

Grace Inyang

GT Svanikier

John Kostuik

John Rice

John Westfall-Kwong

Joseph Hunt Feinberg

JP Morgan Charitable Giving Fund

JPMorgan Chase & Co

Julia Mankata-Tamakloe

Kofi Boateng

Kwadwo Adjei-Twum

Kwadwo Boakye

Lady Rothermere

Lawrence Sipkin

Lenke Family Foundation

Leslie Atwereboanda

Linda Famularo

Linnea Norton

Lisa Opoku

Liuba Beauvais

Lonnie Peek

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Lucy Ankrah
Margarita Manduley
Mary Ann Skinner
Max Mitchell
Merdie Kerney
Michael Connor
Michael Simpson
Miranda Wooten
Morgan Stanley UK Limited
Motria Mishko
NBC Universal
Necole Brown
Network for Good
Northrop Grumman Charity Trust Account
Oakmere Foundation
Oheneba Afriyie
Oheneba Boachie-Adjei
Patricia Creran
Perpetual Konadu
Peter Akwaboah
Peter Hoeglund
PPG Foundation
Raymond George
Richard Hodes
Richard Menschel
Richard Woods
Richardson Schell
Roland Akosah
Roman Alokhin
Ruth Hazel
Samuel Owusu-Akyaw
Sandra Nuamah
Serena Shaw Hu
Sonny Nkansa
Taft Cleveland
Terry Bergk
The Benevity Community Impact Fund
The Govil Family Fund
The Sym Family
Tinah Bouldin
Trinity Church Mill Hill
Uzodinma Ndibe
Vanguard Charitable
Vincent Famularo
Wayne Heyland
William Murrell
Window Center Inc.
Yaw Asamoah



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Email: info@focosgh.com



HELPING THE WORLD STAND TALL



Proud to be effective!

We've earned a



◆ FOUR-STAR RATING ◆

from

◆ Charity Navigator