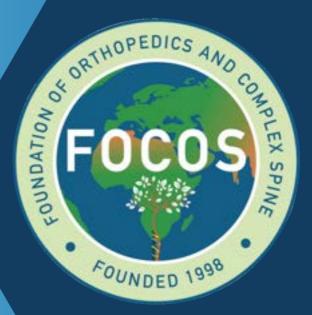
# Annual Report 2022



### FOUNDATION OF ORTHOPEDICS AND COMPLEX SPINE



# **IN THIS REPORT**

About FOCOS	3
Chair's Message	4
Statistics & Data	5
Patient Stories	8
Patient Appeal	10
Accomplishments	11
Publications, Abstracts, Conferences	12
Financial Statements	13
Board Of Directors	15
Supporters	17

# FOCOS

The Foundation of Orthopedics and Complex Spine (FOCOS) is a non-profit 501 c(3) organization launched in the United States in 1998. Our mission is to provide access to high quality, affordable, and specialized orthopedic care to those, primarily in Ghana and the broader African region, who would not otherwise have access to such treatment.

# **MISSION & VISION**

Our mission is to provide access to optimum orthopedic care to improve the quality of life in Ghana and other countries

We envision a sustainable infrastructure for state-of-the-art orthopedic care and education.

Our long term goal is to help fund the FOCOS Institute – a world class facility that will provide orthopedic education and practical experience for physicians, surgeons, medical students, and allied health professionals.

# CHAIR'S MESSAGE

Dear Friends and Supporters of FOCOS,

In my role as the Chair of the Board of Directors, I take great pride and express immense gratitude as I reflect upon the accomplishments of the past year and share with you our collective journey of triumphs and transformations. The year 2022 has been exceptional, presenting us with both opportunities and challenges. Despite the hurdles we faced, our unwavering commitment to our mission has shone brighter than ever. We continued to provide lifechanging orthopedic care to those in need, transcending geographical boundaries and making a profound impact on countless lives.

One of the highlights of our year was the virtual FOCOS Gala, a remarkable event that transcended physical boundaries. The virtual



setting allowed us to reach even more individuals who share our vision, extending our outreach far beyond what we thought possible. It also showcased the boundless potential of virtual platforms in fostering connections and making a positive impact on a global scale.

Furthermore, we have strengthened our collaboration with foreign volunteers in our medical mission program. These dedicated volunteers have played pivotal roles in addressing highly complex orthopedic cases, leading to successful outcomes. This enhanced collaboration has not only benefited the patients but has also fostered enduring partnerships among the Foundation, the hospital, and the respective organizations these volunteers represent. This exemplifies the essence of our Medical Missions program.

Looking ahead, we remain firmly committed to our mission of providing specialized orthopedic care to those in need, transforming lives, restoring hope, and reimagining futures. We are driven by the knowledge that there are countless individuals waiting for their chance to stand tall and pursue their dreams, just as we have enabled so many others to do.

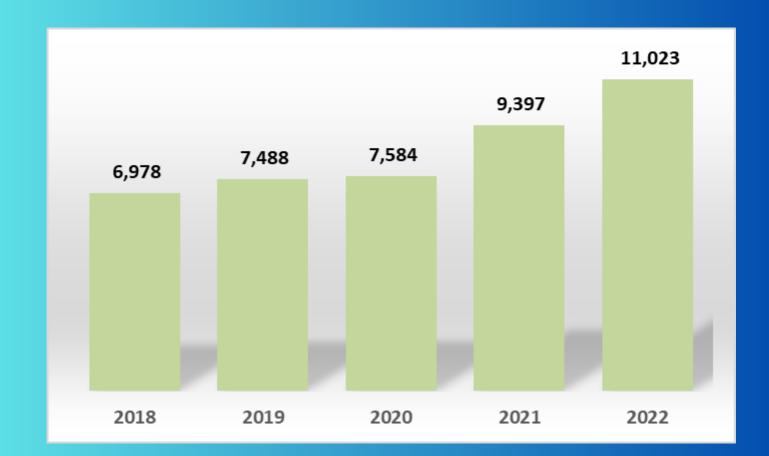
In conclusion, I want to express my heartfelt gratitude to every one of you who has contributed to our mission, whether through your time, resources, or unwavering support. Together, we are making a difference, one life at a time. Let us continue to stand shoulder to shoulder, driven by our shared values, and create a brighter future for all those who depend on FOCOS.

Together, we make the World Stand Tall!

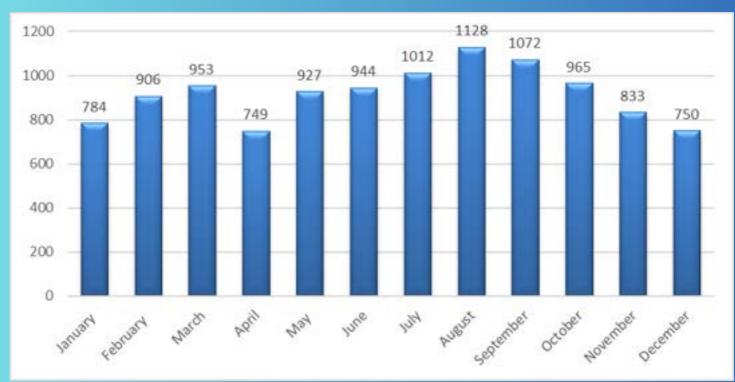
With deep appreciation,

Kwadwo Boachie-Adjei Board Chair

### PATIENT VISITS (2018-2022)



### OUTPATIENT VISITS BY MONTH (2022)



### PATIENT SPONSORSHIP

# \$292k

# in patient support



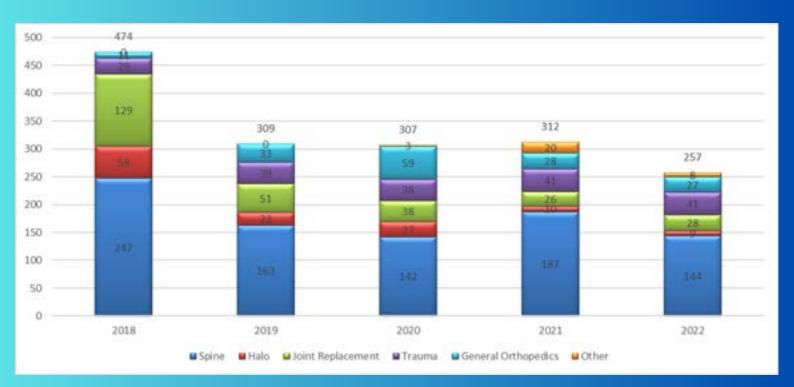
of the procedural patients received financial support

### **Number of Patients Supported**

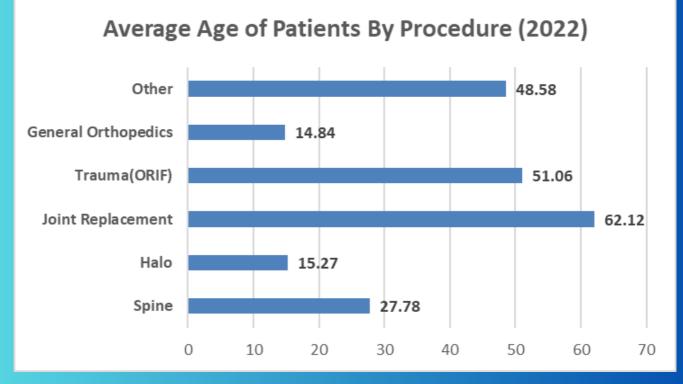
- **33** Sponsored Patients
- 85 Discount



### TOTAL PROCEDURES BY TYPE (2018-2022)



### AVERAGE AGE OF PATIENTS BY PROCEDURE (2022)



7

## **PATIENT STORY - MOSES**



**BEFORE SURGERY** 

AFTER SURGERY

Moses, a 24-year-old third-year student at the University of Ghana from Bekwai in the Ashanti Region, has faced scoliosis since childhood. Despite seeking medical help at various hospitals over the years, the deformity progressed relentlessly. In April 2022, a university lecturer recommended FOCOS, where Moses received a diagnosis of Severe Kyphoscoliosis. Financial constraints led to his enrollment in the FOCOS sponsorship scheme.

In November 2022, 33 Spine Align provided full sponsorship, leading to Moses's successful surgery on December 13, 2022. While recovery was challenging, coordinated care from FOCOS' various departments, including dedicated doctors, nurses, social workers, dieticians, and physiotherapists, ensured a positive outcome.

Moses now looks forward to pursuing his dream of becoming an IT Analyst, thanks to 33 Spine Align's generous support and FOCOS' compassionate care.

## **PATIENT STORY - RICHMOND**



Richmond, a 17-year-old orphan from Kumasi in the Ashanti Region, aspires to become a medical doctor, driven by his passion for science. In 2018, a spinal deformity surfaced, causing him severe pain, breathlessness, and sleepless nights. These challenges hindered his ability to sit comfortably in class, affecting his studies.

After seeking help at various hospitals, Richmond was referred to FOCOS Hospital from Komfo Anokye Teaching Hospital (KATH). In January 2022, FOCOS diagnosed him with Adolescent Idiopathic Scoliosis. Due to financial constraints, he joined the FOCOS sponsorship waiting list, hoping for support.

33 Spine Align stepped in, fully funding Richmond's surgery. He successfully underwent the operation on December 15, 2022, making a remarkable recovery. Richmond's gratitude extends to 33 Spine Align for their sponsorship and the entire FOCOS Hospital staff for their unwavering care.

Richmond's story reflects the transformative power of philanthropy and FOCOS' compassionate care, restoring his health, hope, and determination for a brighter future.

# **PATIENT APPEAL - BENEDICTA**



Benedicta is a 15-year-old girl living with her family in Adenta-Frafraha, a suburb of Accra. She hails from Avatimeh in the Volta Region.

Shortly after her birth, Benedicta faced critical health challenges due to post-partum haemorrhage. After three days of stabilization, her mother noticed an abnormality around her hip region. This condition has significantly impacted her development and mobility, rendering her reliant on others for her basic needs.

In May 2020, Benedicta visited FOCOS hospital, where she was diagnosed with Cerebral Palsy. The cost of her required surgery is GHC 106,400 (about \$9,200.00).

Benedicta's parents, her father being a plumber and her mother a trader, face financial constraints that hinder them from funding her surgery. They earnestly appeal to all for financial assistance.

### Please extend a helping hand to Benedicta!

# **2022 ACCOMPLISHMENTS**



In April 2022, FOCOS Hospital in Ghana celebrated its 10-year anniversary.



The second US virtual gala ("The Culture of Care") was held on October 25, 2022 and helped raise over \$140k.



A new partnership with AO Alliance was formed for training in spine trauma.



FOCOS Hospital had its first benchmarking exercise for JCI accreditation. JCI is the recognized global leader in health care accreditation.



FOCOS Hospital introduced a new eye-care service.

As of the end of 2022, FOCOS Hospital has treated over 97,000 patients and performed over 4,000 complex, life-changing surgeries.

# PUBLICATIONS

- Yankey KP, Owusu DN, Sackeyfio A, Wulff I, Duah HO, Gross LF, Lenke LG, Sponseller P, Shah S, Erickson MA, Sides B, Newton P, Bumpass D, Gupta M, Ravinsky R, Boachie-Adjei O; Fox Pediatric Spinal Deformity Study; FOCOS Research Group. Medical complications and healthrelated quality of life in complex pediatric spine deformities exceeding 100 degrees or treated by 3CO. Spine Deform. 2023 Feb 24. doi: 10.1007/s43390-023-00660-7. Epub ahead of print. PMID: 36826693.
- Boachie-Adjei O, Duah HO, Sackeyfio A, Yankey KP, Lenke LG, Sponseller PD, Samdani AF, Sucato DJ, Sides BA, Newton PO, Shah SA, Akoto H, Gupta MC; Fox Pediatric Spinal Deformity Study. Surgical outcomes of severe spinal deformities exceeding 100° or treated by vertebral column resection (VCR). Does implant density matter?: an observational study of deformity groupings. Spine Deform. 2022 May;10(3):595-606. doi: 10.1007/s43390-021-00460-x. Epub 2022 Mar 19. PMID: 35305251.

### **ABSTRACT TITLES & PRESENTERS**

- Clinical and Radiographic Outcomes Following Complex Spine Reconstruction in Neurofibromatosis Type 1 patients with Severe Spinal Deformity (Dr. Kwadwo Poku Yankey)
- Clinical and Radiographic Outcomes in Patients with Severe Idiopathic Spine Deformity Treated with HGT + PCO vs ±VCR (Dr. Arthur Sackeyfio)

### CONFERENCES

- Imast Conference (Miami)
- SRS 2022 (Sweden)

### STATEMENT OF FINANCIAL POSITION AS OF DECEMBER 31, 2022 AND 2021

		2022	2021			
ASSETS						
CURRENT ASSETS:						
Cash and cash equivalents	\$	1,027,831	\$	839,826		
Investments				97,162		
Contributions receivable, net		93,489		180,990		
Cash surrender value of life insurance		262,011		278,074		
Prepaid expenses		4,040	-	4,040		
Total current assets	\$	1,387,371	\$	1,400,092		
LIABILITIES AND NET ASSETS						
CURRENT LIABILITIES:						
Accounts payable and accrued expenses	\$	121,432	\$	51,620		
Total current liabilities		121,432	_	51,620		
NET ASSETS:						
Without donor restrictions		499,933		543,401		
With donor restrictions	_	766,006	_	805,071		
Total net assets		1,265,939		1,348,472		
Total liabilities and net assets	\$	1,387,371	s	1,400,092		



### STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS FOR THE YEARS ENDED DECEMBER 31, 2022 AND 2021

		2022						2021					
OPERATING REVENUES:		Without Donor		With Donor		2003		hout Donor	With Donor Restrictions			2.02	
		estrictions	Restrictions		Total		Restrictions				Total		
Contributions	\$	122.955	\$	148,553	- 5	271.508	5	131,625	5	85,120	18	216,745	
Donated materials		339.636		-	1	339.636	20	18.087		-	. *	18.08	
Special events, net		128,535		· · ·		128,535		283.081				283.08	
Net assets released from restrictions	_	187,618	_	(187,618)	_	./	_	130.273	_	(130,273)	_		
Total operating revenues	_	778,744	_	(39,065)	_	739,679	_	563,066	_	(45,153)	_	517,913	
OPERATING EXPENSES:													
Program services		644,375				644,375		367,686		-		367,68	
Administration		156,275		-		156,275		101,141				101,14	
Fundraising	_	22,812	-		_	22,812	-	20,644	-		-	20,64	
Total operating expenses	-	823,462	-		_	823,462	_	489,471	_	- 12	_	489.47	
INCREASE (DECREASE) IN NET ASSETS FROM OPERATING ACTIVITIES	_	(44,718)	_	(39,085)		(83,783)	_	73,595	_	(45,153)	_	28,44	
NONOPERATING ACTIVITIES:													
Investment income, net		1,250		1.0		1,250		1,049				1,04	
Unrealized loss on investments	-		-	14	_	-	-	(430)	_		_	(43)	
INCREASE IN NET ASSETS FROM NONOPERATING ACTIVITIES	-	1,250	-		_	1,250	-	619	_		_	611	
CHANGE IN NET ASSETS		(43,468)		(39,065)		(82,533)		74,214		(45,153)		29,06	
NET ASSETS, BEGINNING OF YEAR	-	543,401	<u> </u>	805,071		1,348,472	_	469,187	_	850.224	_	1,319,41	
NET ASSETS, END OF YEAR	\$	499,933	5	766,006	s	1,265.939	8	543,401	5	805.071	\$	1,348,47	

# **BOARD OF DIRECTORS**

### **FOCOS USA**



Nana Prof Oheneba Boachie-Adjei Woahene II

Focos USA



Roland Akosah Founder & CEO Eno International LLC



Michael Connor Partner

Partner Alston & Byrd



Han Jo Kim, MD Associate Professor & Spine Fellowship Director Eno International LLC



Kwadwo Boachie-Adjei

Board Chair Founder & CEO Regen Health Solutions



Mary Anne Choo Managing Director Goldman Sachs Asia



Paul M. Cooke, MD Board - Certified Physiatrist Hospital for Special Surgery



Eric Major Chairman, President (Rtd) Stryker Spine Division



Edward Baiden

Board Treasurer General Manager & Global Director PPG Industries



Andrew Cohn Director of Real Estate Levine Investments Limited



Antoinette Duah

Former Executive VP–Chief Tax Officer Toys R Us Inc.



Irene A. Wulff CEO FOCOS Orthopedic Hospital

7

### **BOARD OF DIRECTORS** FOCOS HOSPITAL, GHANA



#### Nana Prof Oheneba Boachie-Adjei Woahene II

Founder & CEO FOCOS USA



Mr. Roland Okyere Akosah;





Mr. Yaw Asamoah

Member



Mr. Nathaniel Tabariyeng Member



### Ambassador Fritz Kwabena Poku

Chairman



Mr. Samuel Owusu-Akyaw Vice President



Mr. Kwadwo Boachie-Adjei Member



Ms. Inna Marian Patty Member

16

# THANK YOU TO OUR SUPPORTERS!

### GHANA

Anonymous AO Alliance

Colonel Freddie E. Wulff Jnr.

Dr. Parul Govil

Eric Boateng

Loreta Amponsah

Nana Brago Ababio

Stephen Azuah

UMB Bank

University of Washington













KOSM



























## **USA/Other**

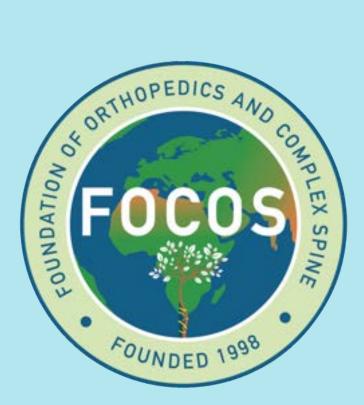
Akilah King Ali Kargbo Alison Tracz Allie Paul Amazon Smile Andre & Tracy Green Arnita Knott Arthur Kennedy Ashley Company Atrium Group Audrey Farber Aviva Weintraub Bank of America Charitable Gift Fund Behrooz Akbarnia Calder Family Charitable Fund Candace Dalmagne-Rouge Charina Endowment Fund Charlene & Keith Goggin Cheryl Gentry Cheryl N. Williams Chester Gittleman Chloe Nims Christian Healthcare Ministries Inc. Crane Fund for Widows and Children Dayo & Bukky Egbetola Dean Gottehrer Dejadre Helm Denise Zungoli Diana Barrus Diane Boateng Diane Gums Edward Baiden

Flizabeth Lenke Elizabeth Owusu-Sekvere Elizabeth Poleway Emma Whitbread Eric Major Farah Ashraf Fidelity Charitable Gift Fund Fred & Heather Hess George Harms Gina Dodge Grace Genfi Grace Inyang GT Svanikier John Kostuik John Rice John Westfall-Kwong Joseph Hunt Feinberg JP Morgan Charitable Giving Fund JPMorgan Chase & Co Julia Mankata-Tamakloe Kofi Boateng Kwadwo Adjei-Twum Kwadwo Boakye Lady Rothermere Lawrence Sipkin Lenke Family Foundation Leslie Atwereboanda Linda Famularo Linnea Norton Lisa Opoku Liuba Beauvais Lonnie Peek

## USA/Other (Cont'd)

**Richard Menschel** Lucy Ankrah Richard Woods Margarita Manduley Mary Ann Skinner Richardson Schell Max Mitchell Roland Akosah Merdie Kerney Roman Alokhin Michael Connor Ruth Hazel Samuel Owusu-Akyaw Michael Simpson Sandra Nuamah Miranda Wooten Serena Shaw Hu Morgan Stanley UK Limited Motria Mishko Sonny Nkansa NBC Universal Taft Cleveland Necole Brown Terry Bergk The Benevity Community Impact Fund Network for Good Northrop Grumman Charity Trust Account The Govil Family Fund Oakmere Foundation The Sym Family Oheneba Afriyie Tinah Bouldin Oheneba Boachie-Adjei Trinity Church Mill Hill Patricia Creran Uzodinma Ndibe Vanguard Charitable Perpetual Konadu Peter Akwaboah Vincent Famularo Wayne Heyland Peter Hoeglund **PPG** Foundation William Murrell Window Center Inc. Raymond George **Richard Hodes** Yaw Asamoah





### **HELPING THE WORLD STAND TALL!**



#### FOCOS USA

377 Oak Street, Suite 407 Garden City, NY 11530 Phone: +1 (212) 308-7730 Email: info@focosus.org https://focos.focoshospital.org FOCOS Orthopedic Hospital (Ghana) No. 8 Teshie Street, Pantang, Accra, Ghana P. O. Box KD 779, Kanda-Accra, Ghana Phone: +233 (0)59-692-0901 Email: info@focosgh.com https://focoshospital.org